

Haberci -- The Messenger

Pennsic XLI Schedule Supplement: Middle and Near Eastern Activities

Haflas, Parties, Concerts & Shows

Tuesday, July 31

2:30-3:45 PM	Join Wyrd Sisters camp for an afternoon of Middle-Eastern music and dancing. Open to anyone who wants to play or dance! Beginners are welcome and encouraged; basic instruction will be provided, and loaner drums are available. Hosted by Chip and Shaheen of Fata Morgana Bellydance. We'll have shade, water, and cool tea...if you'd like to bring something to share, please do, but it is neither expected nor required. See you there!	Camp Wyrd Sisters Willow Point - E19
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Wednesday, August 1st

2:30-3:45 PM	Join Wyrd Sisters camp again for an afternoon of Middle Eastern music and dancing. See event description for July 31 for more details!	Camp Wyrd Sisters Willow Point - E19
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Friday, August 3rd

2:30-3:45 PM	Join Wyrd Sisters camp again for an afternoon of Middle Eastern music and dancing. See event description for July 31 for more details!	Camp Wyrd Sisters Willow Point - E19
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O'Dark Thirty	Clann O'Choda Hafla: Please join Clann O'Choda for our annual Pennsic Hafla to be held the evening of Friday, August 3rd, after the grass has cooled. All makers of Eastern rhythms, melodies and dance are welcome and encouraged, as are those who appreciate such. Qawa (coffee) and light refreshments will be offered to our guests. As the Prophet forbids alcohol, none shall be served or allowed during the party. Questions? See Nergis at Clann O'Choda (E-02), corner of Hill Rd & Low Rd (across from Solar Showers).	Clann O'Choda - E02
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Saturday, August 4th

2:30-3:45 PM	Join Wyrd Sisters camp again for an afternoon of Middle Eastern music and dancing. See event description for July 31 for more details!	Camp Wyrd Sisters Willow Point - E19
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Sunday, August 5th

2:30-3:45 PM	Join Wyrd Sisters camp again for an afternoon of Middle Eastern music and dancing. See event description for July 31 for more details!	Camp Wyrd Sisters Willow Point - E19
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8PM-Midnight	Roaming Nomads host an intimate concert with Ishtar dusk to witching hour (8pm-midnight) Sunday, August 5. Lite fare served includes hummus, grape leaves, tabouli, turkish delight, halva, son papdi, and our special gnome juice (alcoholic). Site is located on W13, next to the bathhouse at the bottom of Runestone Hill on the corner of Heddas and Great Middle Hwy. A monetary donation to the musicians is encouraged.	Roaming Nomads Camp - W13
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8:00PM	Lord Carmine and the Pennsic Hafla All Star Band: Show featuring a live band with Oud, Violin, Nay, Bazouki, Dumbek, Riq and Fabulous Dancers followed by a Hafla featuring YOU!	MED
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Sunday, August 5th

9:00PM	Lord Carmine and the Pennsic Hafla All Star Band Hafla: Hafla featuring YOU! Everyone plays music and dances.	MED
O'Dark Thirty	Lusty Wench Tavern hosts its traditional open party on the second Sunday at Dark. Join us for frolicking, friendly fun and enjoy our traditionally infamous brew with the lethal floating fruit! All dancers and drummers welcome and will be well-tended. Bring a mug & ID.	Lusty Wench Camp - E17

Monday, August 6th

2:30-3:45 PM	Join Wyrd Sisters camp again for an afternoon of Middle Eastern music and dancing. See event description for July 31 for more details!	Camp Wyrd Sisters - E19
6:30PM	Cure Salee: Each year during the rainy season of August and September, nomadic groups across North Africa gather for the "Cure Salee" (salt cure) festival to celebrate with dance and song. Join this group of friends from across the Known World as we gather to celebrate our 9th annual Pennsic Cure Salee.	PAT
8:00PM	Guedra-North African Trance Dance: Dance and chant will be taught, as well as some background info. (30mins) We will then do Guedra til our voices give out (women only then) Bring water, veil. No dance experience needed. no voice talent needed. You must do chant, dance is optional.	MED
O'Dark Thirty	Andelcrag Hafla: Please join us for a hafla to celebrate music and dance on Monday of War week at O dark thirty in NO7 on the Serengetti. We offer you space to dance, music and light refreshments. If you'd like to perform a number please let me know and we will make arrangements. If you'd like to just come and enjoy the ambiance you are welcome to do that as well. We appreciate and encourage the effort to present period culture/dress/music/cuisine.	NO7
O'Dark Thirty	The Black Pearl's LesBiStrtTrans Tea Party: Ladies Night at the Turkish Baths—Let's get steamy together. Details: Basically if you identify as a woman you are welcome. Musicians and Chengi will delight you with music and entertainment as you lounge on perfumed pillows at our Ottoman Bath. Sip strong Arabic tea/coffee (or more potent libations) and nibble on Turkish delights. Bring your dancing shoes and join in on the fun.	The Black Pearl Tavern B08 (Bus Stop right on the corner!)

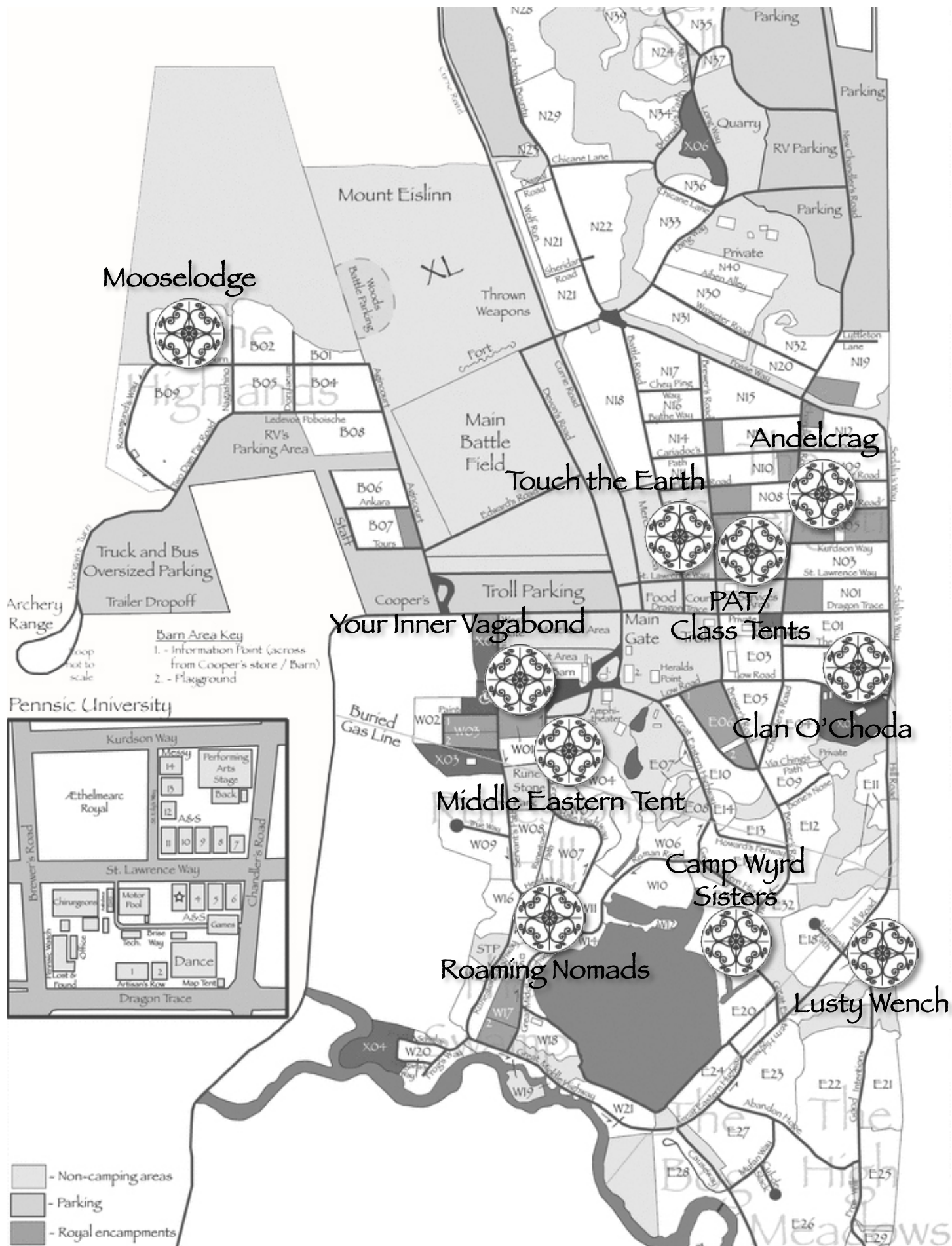
Tuesday, August 7th

1:00PM	Come and DANCE with us! The 17th Annual Pennsic Middle Eastern and World Dance Exhibition welcomes all to sign up and be part of our dance community. 30 dance spaces available, first-come, first served. Sign up is the middle weekend. 7 minute limit includes setups if using live music.	PAT
6:00PM	Concert of the Masters: Historical Concert program based upon 14c music.	PAT

Thursday, August 9th

8:00PM	Mooselodge Hafla: The Graceful Vicountess Elitha and her glorious Dance Troupe will be performing ALL NIGHT at this Drum Circle. We look to have some great dancers and drummers on our hands so come join us for one last hafla before the War ends. We provide the hospitality. Come to watch or come to dance/drum, we welcome you all! Come Play!	Mooselodge B03
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All parties are listed with permission of the sponsor/host group, please note that they are subject to change for ANY reason at ANY time.



Middle and Near Eastern Classes

Tuesday, July 31st

Title	Instructors	Time	Hours	Location	Class Description
Open Middle-Eastern Music and Dance Gathering	Hosted by Chip and Shaheen of Fata Morgana Bellydance	2:30PM	1.25	Camp Wyr Sisters, Willow Point, E19	Join Wyr Sisters camp for an afternoon of Middle-Eastern music and dancing. Open to anyone who wants to play or dance! Beginners are welcome and encouraged; basic instruction will be provided, and loaner drums are available. We'll have shade, water, and cool tea...if you'd like to bring something to share, please do, but it is neither expected nor required. See you there!

Wednesday, August 1st

Title	Instructors	Time	Hours	Location	Class Description
Dining with the Sultan - 15th & 16th c. Ottoman Cuisine	al-Sayyida Urtatim al-Qurtubiyya bint 'abd al-Karim al-hakam al-Fassi	9:00 AM	2	AS 09	Using actual 15th and 16th c. Ottoman recipes, we will cook 3 or 4 dishes, including a chicken broth-based soup, a meat dish, rice, perhaps a vegetable dish, and, if there's time, a sweet. As we work, I will discuss Ottoman cuisine in Constantinople, especially that of the palaces. Information includes street food, market regulations, what was served to the Sultans and their pages, to European diplomats at palace feasts, and feasts at circumcision festivals for the Sultans' sons. Please bring kitchen knives & pot holders, if you can. Fee: \$7.50
Tribal Odyssey Belly Dance (TOBD)	Rajni of Orluk Oasis	9:00:00 AM	1	Middle Eastern	Tribal Odyssey Belly Dance (TOBD) is a group improvisational style developed by Odyssey uses natural posture and both sides of the body in combinations based primarily on Egyptian beledi-style movement. Tribal Odyssey format has an extensive repertoire of dance combinations that include Veil work, Skirt moves, and also has accompanying Finger Cymbal patterns.
Khaliji (Gulf) dance	Lady Sahar	11:00:00 AM	2	Middle Eastern	Learn a choreography by Kay Hardy Campbell
Open Middle-Eastern Music and Dance Gathering	Hosted by Chip and Shaheen of Fata Morgana Bellydance	2:30PM	1.25	Camp Wyr Sisters, E19	See description 7/31
Beginning Tribal Belly Dance	Lady Zaliha Bint Kazilik	3:00 PM	1.5	Middle Eastern	Learn the basics of tribal belly dance from how to stand to the foundation moves that become beautiful combos by the firelight. Combos will be taught to help new dancers practice their moves!

Thursday, August 2nd

Title	Instructors	Time	Hours	Location	Class Description
Capoeira, Its Roots and Its Practice - Beginner	Suleyman	9:00 AM	1	Battlefield	Born of African traditions and brought to Brazil, Capoeira incorporates its offensive and defensive strikes into acrobatic, dance-like movements along with traditional music to become a unique and playful form of martial arts. Come join us in exploring its roots through the basic songs, movements and history.
Tribal Odyssey Belly Dance (TOBD)	Rajni of Orluk Oasis	9:00 AM	1	Middle Eastern	See description 8/1
How to Do a Jewish Persona	Reb Eleazar ha-Levi	11:00 AM	1	AS 06	The author of Compleat Anachronist 110, An SCA Guide to Jewish Persona, presents the short version of the book: picking a Jewish name and doing your arms in the Jewish style; did Jews fight? (Yes); occupations -- yes, scholars and merchants, but also jugglers, soldiers, poets, and dyers; appropriate garb; and a deservedly long section on the medieval Jewish woman -- her role in society, her education, and her occupations (perfumer, courtesan, midwife, prayer leader, and businesswoman, as well as wife and mother). Handout Fee: \$2.00
Sekanjabin - Working with Alternate Sweeteners	Lady Livia di Samuele	11:00 AM	1	AS 10	With the amount of people in the SCA who are diabetics, dieting, or are just watching their sugar intake. I will cover how to start working out conversions, why it is important to document ingredients, and each student will receive a sample at the end of class. Fee: \$1.00



Thursday, August 2nd, cont.

Title	Instructors	Time	Hours	Location	Class Description
Khaliji (Gulf) dance	Lady Sahar	12:00 PM	2	Middle Eastern	See description 8/1
Trade and Trade Routes: The Roman Empire	Mistress Arwen Evaine ferch Rhys ap Gwynedd	12:00 PM	1	AS 02	Extensive trade routes connected the Roman Empire with Africa, the Near and Far East, northern Europe, and the Slavic lands. We will explore metals, salt, amber, spice, grain, luxury goods, wine & olive oil, minted coin, etc. routes as well as entrepots and overland/sea transport servicing same. The Empire was perhaps the first to have a "modern", reliable, and relatively safe trade network. When the Empire declined and fell, regional trade continued more or less, but Rome's vast network of interconnected and intercontinental routes also dissipated. Tourism declined drastically, as did intercultural contact and exchange, leading into what is called the "Dark Ages".
Advanced Middle Eastern Dance Technique	Mistress Alethea bint Fahd ibn Acktar (Elitha)	2:00 PM	2	Middle Eastern	A compilation of Mistress Elitha's most difficult and fun moves in review and some new combinations based on these movements. Complex layered movements shown with different stylizations and arms to challenge even the most advanced or professional dancer.
Open Middle-Eastern Music and Dance Gathering	Hosted by Chip and Shaheen of Fata Morgana Bellydance	2:30PM	1.25	Camp Wyr Sisters E19	See description 7/31
Introduction to Hindi's Devanagari Script	Lord Maraha Kahanikar	3:00 PM	1	AS 03	Devanagari script is used by Hindi and other North Indic languages (including Sanskrit, post-period). While the focus of this class is on Hindi usage, the basic characters and pronunciation is nearly identical for the others. The class will be introduced to the written forms, pronunciation and usage of letters with examples in Hindi words. Please a writing utensil which makes a dark, easily-visible line. This is not a calligraphy class.
Drafting a Turkish Coat Pattern	Barones Zaynab Yasmine Efendi	3:00 PM	3	AS 08	A quick discussion on Ottoman Turkish coats with tips on construction followed by taking measurements and drafting patterns. For those interested (time permitting) we will also sew and fit mockups. I will have 1 sewing machine, if you travel with one please feel free to bring it. I will have muslin (or another mock up fabric) to purchase or bring some yourself, 2-2.5 is usually enough. The mock ups will only be made hip length. We will draft as many students patterns there are time for. An optional handout with Ottoman costuming information and some color photos will be available for a fee. Handout Fee: \$2.00
The Ancient Art of Drink or Becoming an Ass in Ancient Athens	Lucas Livingston	3:00 PM	1	AS 12	Raise your rhyton to the ancient art and culture of beer and wine from the sands of Ancient Egypt to the salty shores of Classical Greece. See how the ancient culture of drink left its mark on medieval and modern times. We'll delve into the ancient processes of brewing and vintnering and explore exquisite works of ancient art celebrating the drinking culture from King Tut's tomb, Agamemnon's Mycenae, Plato's Athens, and more. B.Y.O.B!

Friday, August 3rd

Title	Instructors	Time	Hours	Location	Class Description
Henna 101	THL Anabel de Berchelai	9:00 AM	1	AS 11	An introduction to the history and practices of henna. Participants will learn what henna is, how it works, and get a basic tutorial on application techniques. Handouts and a cone of henna paste will be available to the first 20 participants. Fee: \$1.00
Kamasutra for Men	Lord Kamni Bhuni	9:00 AM	1.5	Middle Eastern	Lessons in love from Ancient India. Men only please. Handout Fee: \$1.00
Henna Mixology	THL Anabel de Berchelai	10:00AM	2	AS11	Just how do plant leaves become henna paste? This class will cover how henna works as well as how to mix and cone henna paste. Application techniques will be discussed as time allows. Participants will mix their own henna paste, roll a henna cone, as well as received a pre-filled cone of fresh, ready to use henna paste. Materials available for 10 participants. Fee: \$5.00



Friday, August 3rd, cont.

Title	Instructors	Time	Hours	Location	Class Description
Tribal Odyssey Belly Dance (TOBD)	Rajni of Orluk Oasis	10:30 AM	1	Middle Eastern	See description 8/1
If Looks Could Kill - Evil Eye Amulets	THL Keely the Tinker	11:00 AM	1	AS 04	The history of amulets used against the Evil Eye through many cultures and time periods. Discussion of the amulet types and scholars deductions of why those amulets are the size, shape or color and style.
Islamic Prayer Beads	Countess Rowan Berran McDowell	11:00 AM	1	AS 12	There are three different names for Islamic Prayer Beads: Misbaha, Tesbih and Subha. Find out why. We will also discuss what prayers are said, what they are made of and how their usage evolved over time. I'll have period portraits, examples of prayer beads to look at and kits to make your own. There will be a handout to take home. Fee: \$4.00
Make and Take a Tarpus	Barones Zaynab Yasmine Efendi	12:00 PM	2	AS 07	Make and take a 16th cent. Lady's Ottoman Turkish Hat called a Tarpus. A discussion of Men's hat styles will be included. If you wish to use your own supplies please bring a large sheet of heavy plastic needlepoint canvas, a hair comb, a piece of fabric and cotton batting about the same size as the canvas and thread to match. Fee: \$5.00
Me and My Shadow	Baroness Ardenia ARuadh	12:00 PM	1	Middle Eastern	This class is designed for youngsters who want to dance. The idea is for children to come with a parent, older friend, or caregiver, and learn to dance together. Any child under 12 absolutely must have a designated caregiver over the age of 12 with them, no exceptions. The focus of this class is learning basic moves and then incorporating them, together in pairs and small groups.
Middle Eastern Dance for Teens, Tweens, and Twentysomethings	Baroness Ardenia ARuadh	1:00 PM	1	Middle Eastern	This class is designed for teens, tweens, and twenty-somethings who want to dance. This class is about learning basic moves and concepts and then incorporating them in dance improv individually and in groups. The class is aimed at those with minimal Middle Eastern dance background. Anyone under age 12 must have a designated caregiver over 12 attend the entire class with them.
Advanced Middle Eastern Dance Technique	Mistress Alethea bint Fahd ibn Acktar (Elitha)	2:00 PM	2	Middle Eastern	See description 8/2
Beginintermediate Doumbek	Lord Carmine	2:00 PM	1	Touch the Earth	Lets get "Beyond Baladi". Play Rhythm Combinations, interesting fills and embellish what you already know into something more interesting and fun!
Open Middle-Eastern Music and Dance Gathering	Hosted by Chip and Shaheen of Fata Morgana Bellydance	2:30PM	1.25	Camp Wyr Sisters, Willow Point, E19	See description 7/31
Dancing with Props	Lady Pacita	4:00 PM	1	Middle Eastern	So. You have a sword. A veil. A cane. A tray. A thingamajig and a whatchamacallit. You've got some moves and tricks but do you know how to DANCE with it? This class explores ways of adding emotion, personality, and story to your prop and your dance. Props will be provided.
Middle Eastern Dance, with limitations	Baroness Ardenia ARuadh	5:00 PM	1.5	Middle Eastern	This class is designed for those who would like to try Middle eastern Dance, but have shied away due to physical limitations. Everyone can dance, it's about finding your personal "drummer". The instructor has experience teaching dance and coaching sports across a wide variety of age groups, as well as having experience in choreography for people with injuries and post surgical complications.
Archaeology of the Middle East	Lord Michael of Safita	6:00 PM	1	AS 04	Abbasid, Seljuk and Ayyubid material culture in the context of occupation sites. The class will include information on metalwork, pottery, glass, textiles and evidence for diet. The class is taught by a professional archaeologist who has worked in Egypt, Jordan, Syria and Turkey. Handout Fee: \$2.00

Your Inner Vagabond also has live music and dancing at various times throughout War, so please stop in, order a yummy beverage, and see what is happening!



Saturday, August 4th

Title	Instructors	Time	Hours	Location	Class Description
Yoga for dancers, fighters or anyone, really	Baroness Nadezda ze Zastriz	8:30 AM	1	Middle Eastern	A multi-level yoga class to help make sure all the walking and other activities at Pennsic don't take their toll. Please bring a towel, mat or something to be on. Please dress for modesty. Beginners Welcome!
Dining with the Sultan - 15th & 16th c. Ottoman Cuisine	al-Sayyida Urtatim al-Qurtubiyya bint 'abd al-Karim al-hakam al-Fassi	9:00 AM	2	AS 09	See description 8/1
Bharatha Natyam	Emine bint Istani	9:30 AM	1	Middle Eastern	Bharata Natyam is an ancient form of dance from the Tamil Nadu region of India. This class will expose you to the history and style of the dance with a brief lecture of history and time devoted to steps and gestures of the dance that we will put together for a small choreography. Please note that this is an active style of dance so bring water.
Turkish Roman (Gypsy) Dance	Mistress Christy Fricks	10:30 AM	1.5	Middle Eastern	Learn authentic Roman dance. I will introduce the essential elements of the music and movement. Then we will dance and groove, both slow and fast to wonderful Romany music. Some dance experience preferred, but beginners and advanced dancers welcome
Saiidi Stylings Part One	THL Mihri Deniz Yetim of Blue Lotus Tribe	12:00 PM	1	Middle Eastern	From Upper Egypt comes this bouncy folkloric dance for men and women. Learn the common movements of Saiidi dance as put into short combinations, as well as some of the history behind the dance of the Saiidi people. Part 1 of 2.
If thou can but name it, thou can thusly claim it!	Lady Cattiva of Eastwood	12:00 PM	1	Touch the Earth	Art thou a lady or lord who dances to the exotic rhythms and melodies of the Middle East? Wouldst't thou benefit from knowing the names of the rhythms to which you dance? Art thou a novice/apprentice drummer who yearns to become familiar with the basic Middle Eastern dance rhythms? Then verily, join Lady Cattiva (m/k/a Casey Bond, percussionist for NYC bands "Scott Wilson & Efendi", "Carmine & Friends",etc.) for a rollicking hour of tricks and tips to help thee to knowest thy ayub from thine elbow! Dancers, thou art welcome as the flowers of the vale- bring thy sweet selves and perhaps thy zills or drum. Drummers, please note: all percussion welcome- doumbeks, zills, riqs, djembes, spoons, bohhrans,etc. (Bass doumbeks, frame drums and davuls especially welcome- bring one of these and thy reward shall be sweet!)
Capoeira, Its Roots and Its Practice - Beginner	Suleyman	12:00 PM	1	Battlefield	See description 8/2
Alquerque	Master Brusten de Bearsul	1:00 PM	1	Games Tent	An ancient game similar to Checkers, fun to play and easy to learn, yet difficult to master. Played from at least 1400 BC (in Egypt) to at least 1360 AD (in York, England).
Line Dances	Viscountess Kamiilah al Sudanii um Zoom	1:00 PM	1	Middle Eastern	Come learn some middle eastern line dances! Our favorites such as Garoon Garoon, Chochek, Laz, and Tamzara will be covered. This class is great for dancers of all levels, shapes, and sizes.
Introduction to Hindi's Devanagari Script	Lord Maraha Kahanikar	2:00 PM	1	AS 02	See description 8/2
Arabic Folk Songs	Lady Aliya al Hilali al qanunjiyya	2:00 PM	1	Middle Eastern	Learn songs of the Levant region (Iraq, Syria, Lebanon etc). All aspects of the songs will be covered, including lyrics, pronunciation, meaning, melody and rhythm. Open to singers (these are folk songs - anyone can sing them!), melody musicians and drummers who understand volume control. Quarter-tone alert: some of the songs will include quarter-tones. In order to be able to play these tunes, you will need to have an instrument capable of playing quarter-tones, such as oud, violin, ney, or the vocal chords you were born with.
Stupid Doumbek Tricks	Lord Carmine	2:00 PM	1	Touch the Earth	Learn some new tricks in the most snappy, slapp'in, popp'in, rollingdoumbek class ever!
Open Middle-Eastern Music and Dance Gathering	Hosted by Chip and Shaheen of Fata Morgana Bellydance	2:30PM	1.25	Camp Wyrd Sisters, E19	See description 7/31



Saturday, August 4th, cont.

Title	Instructors	Time	Hours	Location	Class Description
Middle Eastern Drumming - 6/9/12	Lord Madog Barfog	3:00 PM	1	Middle Eastern	Explore the amazing world of Middle Eastern percussion with this Beginner to intermediate class. Most Western songs are 4/4 - in this class you will count higher! Explore rhythms in 6, 9, and 12.
Dumbek Diagnosis	Mark DeFilippo	4:00 PM	1	Touch the Earth	Dumbek Diagnosis This class is designed to hone your technique. Whether you are just beginning or have been playing for years we will diagnose and offer suggestions on how to improve your technique. Each and every student will receive individual attention.
Beginner Drumming	Ziggy	4:00 PM	1.5	Middle Eastern	Learn the basic rhythms used most often in drum circles and music within the SCA. This is a 4 part class that teaches different rhythms each day. Day 1- Saidi, Beladi, Maqsum.
Middle Eastern Drumming - 5s and 7s	Lord Madog Barfog	5:30 PM	1	Middle Eastern	Break the 4/4 mold and explore new and exotic yet simple rhythms. Amuse dancers and un-bore the circle with new grooves. Some skill helpful, all levels welcome.
Kamiilah's Musings	Viscountess Kamiilah al Sudanii um Zoom	7:30PM	1	Middle Eastern	What has Kamiilah been working on this year? Come out for this intermediate to advanced level middle eastern dance class to see some new techniques and combos from the modern world's Kamille of RockaBelly dance company. Bring your zills.... you never know.

Sunday, August 5th

Title	Instructors	Time	Hours	Location	Class Description
Yoga for dancers, fighters or anyone, really	Baroness Nadezda ze Zastriz	8:30 AM	1	Middle Eastern	See description 8/4
Turkish Roman (Gypsy) Dance	Mistress Christy Fricks	9:30 AM	1.5	Middle Eastern	Handout Fee: \$1.00
Indian Adornment: Beyond Saris and Skirts	Lady Lalitadasa	11:00 AM	1	AS 03	So you've got your beautiful new sari, you've mastered the choli, you're wearing all the right clothes... it's time you advanced to the next step in Indian garb. Jewelry, hair, make up, and other accoutrement will polish up your Indian look whether it's a full time persona or just a summer option. Handout Fee: \$1.00
Tribal Odyssey Belly Dance (TOBD)	Rajni of Orluk Oasis	11:00 AM	1	Middle Eastern	See description 8/1
Saiidi Stylings Part Two: The Stick	THL Mihri Deniz Yetim of Blue Lotus Tribe	12:00 PM	1	Middle Eastern	From Upper Egypt comes this bouncy folkloric dance for men and women. Learn the common movements of Saiidi dance as put into short combinations, as well as some of the history behind the dance of the Saiidi people. Part 2.
Middle Eastern Ensemble - Play Lailat Hob	Lady Melissa of Orluk Oasis	12:00 PM	1	Touch the Earth	Learn to play the Arab classic bellydance song, Lailat Hob! This is the song that gets classic bellydancers grooving. Astound your friends! Melody musicians and percussionists are both encouraged to attend. Sheet music available.
Henna Party	Zimra al-Ghaziya	1:00 PM	2	Middle Eastern	Come and enjoy!
Stupid Fiddle Tricks	Djaygo Kochou	1:00 PM	1	Touch the Earth	First we'll have a discussion, show and tell, and exploration of bowed instruments throughout time as we know it. Then we'll share the magic that makes fiddling fiddling and not violin playing, how to dazzle your audience, improvising accompaniments, and etc. Bring any bowed instrument you have!
Rig Curious?	Lord Carmine	2:00 PM	1	Touch the Earth	The riq (middle eastern tambourine) is a versatile instrument and super portable! Add this instrument to your arsenal. This class is show the basics for first-timers as well as counter rhythms to play with other drummers.
Open Middle-Eastern Music and Dance Gathering	Hosted by Chip and Shaheen of Fata Morgana Bellydance	2:30PM	1.25	Camp Wyrd Sisters, E19	See description 7/31



Sunday, August 5th, cont.

Title	Instructors	Time	Hours	Location	Class Description
Maqam for beginners	Lord Carmine	3:00 PM	1	Touch the Earth	The Maqamat (modes/scales) of the Middle East are the keys to really understanding the music. This class will provide an introduction to the basics including quartertones and microtones.
Middle Eastern Drumming - 5s and 7s	Lord Madog Barfog	3:00 PM	1	Middle Eastern	See description 8/4
Beginner Drumming	Ziggy	4:00 PM	1.5	Middle Eastern	See description 8/4. Day 2- Chiftitelli, Masmoud.
Middle Eastern Drumming - 6/9/12	Lord Madog Barfog	5:30 PM	1	Middle Eastern	See description 8/4
Lord Carmine and the Pennsic Hafla All Star Band	Lord Carmine	8:00 PM	1	Middle Eastern	Come and Enjoy!
Hafla featuring YOU	Lord Carmine	9:00 PM	2	Middle Eastern	Come and enjoy!

Monday, August 6th

Title	Instructors	Time	Hours	Location	Class Description
Yoga for dancers, fighters or anyone, really	Baroness Nadezda ze Zastriz	8:30 AM	1	Middle Eastern	See description 8/4
Late 16th c. Safavid Persian polaws/rice dishes	al-Sayyida Urtatim al-Qurtubiyya bint 'abd al-Karim al-hakam al-Fassi	9:00 AM	2	AS 09	Cook a 16th c. polaw (today pulao or pilaf) containing rice, meat, onions, nuts, fruits, & spices. While it's cooking we'll discuss early Safavid cuisine, particularly recipes for polaw from Maddat al-hayat, resala dar 'elm-e tabbki ("The substance of life, a treatise on the art of cooking"), written in 1594/5 C.E. by Ostad Nurollah, head cook for Shah 'Abbas I. Class is both hands-on cooking & lecture: I'll lecture and we'll discuss, then we'll finish the dish. Fee: \$5.00
Kamasutra for Women	Lady Lalitadasa	9:30 AM	1.5	Middle Eastern	Lessons in love from Ancient India. Women only, please. Handout Fee: \$1.00
Fitness for Dancers	Lady Vika Vyborskaiia	11:00 AM	1	Middle Eastern	Dancing is wonderful, but do you want to be a stronger dancer? Come learn some basic core fitness that will tone and strengthen your dancer body! You will get a work out that will test your fitness level and increase the balance you need for all types of dance. Core strength is the key to becoming a strong dancer, so come and learn a basic fitness routine that you can use to achieve your goals. Isolation of the abs and legs are a big part, because the balance of your body comes from those areas. We will be working out on the ground so bring something to lie on!
Coffee in Period	THL Sosha Lyon's O'Rourke	11:00 AM	1	AS 09	Coffee is PERIOD! Ever wanted to know what took the place of wine? It was COFFEE! Learn a little history and how to roast the coffee beans for a very period tasty drink.
Middle Eastern Music through Dance	Majda Anwar	12:00 PM	1.5	Middle Eastern	This class will introduce basic theory of the Middle Eastern maqamat (musical modes) for dancers. In addition to ear training and introduction to the quarter tone system that makes the maqamat unique, dancers will also be guided through how to emote
Lady Cattiva & Her Terrible, Horrible, No Good, Very Bad Drills!	Lady Cattiva of Eastwood	12:00 PM	1	Touch the Earth	Join Lady Cattiva (m/k/a Casey Bond, teacher/founder of Long Island's largest Middle Eastern Percussion Ensemble: "Raq Steady") for one full hour of deliciously dull and dreary Middle Eastern Rhythm Combos... because muscle memory is our friend! Novice, beginner and intermediate levels all together in one dreadful hour of progressive rhythm combinations. Rhythms will be deconstructed! Dynamics will be reinforced! No retreat, baby... no surrender! Combos may include rhythms in 2/4, 4/4, 6/8, 7/8, 8/4, 9/4 & 9/8. (It's not too late...run away! Run away!) Middle Eastern drums preferred but ALL percussion welcome- doumbeks, zills, riqs, djembes, spoons, bohhrans, etc. (Bass doumbeks, frame drums and davuls especially welcome- bring one of these and thy reward shall be sweet!)



Monday, August 6th, cont.

Title	Instructors	Time	Hours	Location	Class Description
Period Candied Nuts	THL Sosha Lyon	12:00 PM	1	AS 09	Period candied nuts. A little history and a little fire. How to make in both the style of Middle Eastern flavoring and English flavoring.
Law in the Lands of Peace	Master Cariadoc of the Bow	1:00 PM	1	AS 05	A class on Sharia, Muslim law, taught in persona from the point of view of the Maliki school.
Atlanbaj (Turkish Checkers)	Lord Galen Mac Byrne	1:00 PM	1	Games Tent	A 1-hour class in how to play the medieval game of Atlanbaj including history, rules, strategy and tactics, with enough time left for students to play afterward.
Middle Eastern Ensemble - Play Lailat Hob	Lady Melissa of Orluk Oasis	1:00 PM	1	Touch the Earth	See description 8/5
Slow Moves for Tribal Improv	Roma	1:30 PM	1.5	Middle Eastern	Learn techniques for dancing with a group improvisationally using moves, cues, and formations from a tribal bellydance vocabulary. Taught by Roma, certified Gypsy Caravan Instructor. Level: intermediate
Playing as a Group	Lord Carmine	2:00 PM	1	Touch the Earth	Bring your frame drum, doumbek, riq, zills or whatever percussion you have. We're going to learn to sound good as a group and learn a piece together.
History of Persian Gardening and Style	Baroness Cairistiona de Coueran	2:00 PM	1	AS 05	Come be surprised and delighted to learn a little history of Persian gardening, the style, who designed some of the most famous gardens and how they influenced the style of gardening to the rest of the world.
Open Middle-Eastern Music and Dance Gathering	Hosted by Chip and Shaheen of Fata Morgana Bellydance	2:30PM	1.25	Camp Wyr Sisters, E19	See description 7/31
Capoeira, Its Roots and Its Practice - Beginner	Suleyman	3:00 PM	1	Battlefield	See description 8/2
Enchant as a Dancer	Lady Nina Amaya of Bright Hills	3:00 PM	1	Middle Eastern	Perform for the Nobles putting your best foot forward. Nina Amaya is a full time dance performer and instructor. She will discuss and show how to make your performance memorable. Movement, stage dynamics, costuming, posture, attitude, props... Shine!
Where have all the Microtones gone?	Lord Carmine	3:00 PM	1	Touch the Earth	In this class, we're going to take songs you already know and help you to get the microtones back into them. Come to class with a lot of patience and desire for E-Half-Flat
Beginner Drumming	Ziggy	4:00 PM	1.5	Middle Eastern	See description 8/4. Day 3- Ayub, Malfouf.
Come and Get Your FILL	Mark DeFilippo	4:00 PM	1	Touch the Earth	Come and get your Fill. This intermediate class will focus on the filled versions of your common rhythms. We will also introduce fills between rhythms. Handouts will be supplied.
Beginning Tribal Belly Dance	Lady Zaliha Bint Kazilik	5:30 PM	1.5	Middle Eastern	See description 8/1
Guedra-North African Trance Dance	Lady Kharajin of Turku	8:00 PM	3	Middle Eastern	Dance and chant will be taught, as well as some background info. (30mins)We will then do Guedra til our voices give out (women only then) Bring water, veil. no dance experience needed. no voice talent needed. You must do chant, dance is optional.

Tuesday, August 7th

Title	Instructors	Time	Hours	Location	Class Description
Yoga for dancers, fighters or anyone, really	Baroness Nadezda ze Zastriz	8:30 AM	1	Middle Eastern	See description 8/4
Cholis - yes they are period and you can make one!	Shakti	9:00 AM	2	AS 06	Drawing on historic artwork, this class will provide an overview of a selection of women's choli/upper body garments, covering a broad range of times and places within medieval India. Documentation gained from historic artwork will be discussed followed by a demonstration of pattern construction to ensure a well-fitting and comfortable garment.
TOBD Intermediate Combos w/finger cymbals too!?	Atesh of Orluk Oasis	9:30 AM	1	Middle Eastern	Atesh teaches more Tribal Odyssey combinations to use in Duets or Staggered Line (group improv). If you can catch on really quick, we'll do finger cymbal patterns too! This class is best taken after Rajni's introductory Tribal Odyssey class.



Tuesday, August 7th, cont.

Title	Instructors	Time	Hours	Location	Class Description
Passover Foods for a Medieval Seder	Lady Judith bas Rabbi Mendel	10:00 AM	1	AS 12	This class will cover the foods eaten at Passover seders in the Middle Ages when matzah was an inch thick and horseradish was only eaten as an ingredient in charosis. We will be looking at the evolution of the rulings about various foods, recipes to make some of them, and how some of the practices changed. We'll also taste a selection of different types of charosis. Handout Fee: \$2.00
The Infamous Zill Drill	Lady Tshaya	10:30 AM	1.5	Middle Eastern	Zills/sagat/finger cymbals are an ancient instrument that deserves to be carried forward. Class begins with drills to connect feet, hands & arm movement together while playing zills. These are useful to integrate into your classes. After we are warmed up we will go through an innovative breakdown of rhythms to build improvisational skills. Students will be amazed at their zill playing at the end of the workshop.
Byzantine Iconography: Theology in Line and Color	Lady Dosalena Sophia della Mirandola	11:00 AM	1	Guild Mirandola	An introduction to the ancient art of Byzantine Icons, also known as Icon writing- theology in line and color. An in-depth overview of its origins, history, symbolism, and technique dating back to the Egyptians.
Fire Side Sustainability and Finding the Real Dance	Lady Tshaya	12:00 PM	1	Middle Eastern	SCA is a unique environment for ME dancers: We dance for hours on end on uneven ground, temps are variable, etc. How do you survive the marathon nights of blissful music no matter what? And how does all this connect us w/ a more "authentic" dance?
Stupid Fiddle Tricks	Djaygo Kochou	1:00 PM	1	Touch the Earth	See description 8/5
Fast Moves for Tribal Improv	Roma	1:30 PM	1.5	Middle Eastern	Learn techniques for dancing with a group improvisationally using moves, cues, and formations from a tribal bellydance vocabulary. Taught by Roma, certified Gypsy Caravan Instructor. Pre-req for Duets class 8/9. Level: intermediate
Playing with Power and Punch	Lord Carmine	2:00 PM	1	Touch the Earth	A good solid intermediate class. Delivering your material strongly when soloing or playing with a band.
If Looks Could Kill - Evil Eye Amulets	THL Keely the Tinker	2:00 PM	1	AS 08	See description 8/3
Henna 101	THL Anabel de Berchelai	2:00 PM	1	AS 11	See description 8/3
Arabic Folk Songs	Lady Aliya al Hilali al qanunjiyya	3:00 PM	1	Middle Eastern	See description 8/4
Beginner Drumming	Ziggy	4:00 PM	1.5	Middle Eastern	See description 8/4. Day 4- Kashlimah and other strange stuff.
Malfoof BOOT CAMP	Mark DeFilippo	4:00 PM	1	Touch the Earth	Malfoof Boot Camp This is an ALL level class that will focus on stamina and speed using the malfoof rhythm including variation and fills. How fast can you go? How long can you go? We will start slow and gradually build.
Egg Tempera Hands-On	Lady Dosalena Sophia della Mirandola	4:00PM	2	Guild Mirandola	Egg tempera is one of the earliest painting mediums, an ancient medium dating to the Egyptians and used throughout history. Byzantine Icons, Fra Angelico, Mantegna and Botticelli used egg tempera, as well as the Sienese painters- Duccio di Buoninsegna, the Lorenzetti brothers, Giovanni di Paolo, Sassetta. Virtually all panel paintings executed before the 1400/Es used solely the yolk of the egg. This hands-on workshop will cover basic egg tempera techniques. Fee: \$5.00
9/8 Choreography	Lady Nina Amaya of Bright Hills	7:00 PM	1	Middle Eastern	Learn a short choreography to Trakya, or Rumeli Karsilama. Come in a big skirt, familiar with the 9/8 rhythm, and learn steps taken from folkloric Romani dance, as well as the Danse Oriental.

Don't forget to check the Market Stage next to Your Inner Vagabond in the Market. There will be many fantastic performers there during Pennsic!



Wednesday, August 8th.

Title	Instructors	Time	Hours	Location	Class Description
Yoga for couples	Baroness Nadezda ze Zastriz	8:30 AM	1	Middle Eastern	"Couples format: please bring a friend, or companion, with whom you are willing to work (includes some contact, though not 'intimate'). Singles may be paired up or given separate cues as appropriate. A multi-level yoga class to help make sure all the walking and other activities at Pennsic don't take their toll. Please bring a towel, mat or something to be on. Please dress for modesty. Beginners Welcome!
Period Islamic Cooking	Master Cariadoc of the Bow	9:00 AM	1	AS 04	A description of a wide range of recipes from period Islamic cookbooks, along with a discussion of the available sources.
Late 16th c. Safavid Persian polaws/rice dishes	al-Sayyida Urtatim	9:00 AM	2	AS 09	See description 8/7
Middle Eastern Dance, with limitations	Baroness Ardenia ARuadh	9:30 AM	1.5	Middle Eastern	See description 8/3
Kecak, Balinese Monkey Chant	Lady Kharajin of Turku	12:00 PM	1.5	Middle Eastern	A few elements of the monkey chant of the Balinese Ramayana drama that comes from an ancient trance dance will be shown, with everyone then participating. Bring drinking water. Bring a floor pillow if needed. Dancing is allowed but will not be taught
Mithraism in the Roman Empire	Mistress Arwen Evaine	2:00 PM	1	AS 02	See description 8/1
Musical Legacies of al Andalus	Lady Aliya al Hilali al qanunjiyya	2:00 PM	1	Middle Eastern	The music of al Andalus (Moorish Spain) is still alive and well in North Africa and the Middle East! This class will be an exploration of forms of Andalusian music still performed today. We will talk about the diaspora of Andalusian music, and listen to recordings of different styles from different countries. Participants are encouraged to bring their own recordings and research to share.
Doumbek Battle Class	Lord Carmine	2:00 PM	1	Touch the Earth	What happens if someone challenges you to a battle? Be prepared! No Armor inspection required.
Bhangra Breakdown!	Emine bint Istani	3:00 PM	1	Middle Eastern	Bhangra is a fun energetic dance from the Punjabi region of India. We will go over a little bit of the history, some basic movements and put together a few steps for a basic choreography. Please note that this is a very active style of dance so bring water.
Capoeira, Its Roots and Its Practice - Intermediate	Suleyman	3:00 PM	1	Battlefield	Born of African traditions and brought to Brazil, Capoeira incorporates its offensive and defensive strikes into acrobatic, dance-like movements along with traditional music to become a unique and playful form of martial arts. Come join us in continuing its tradition with more difficult movements and music.
The Turkish Bath	Lady Nisaa Karahisari	3:00 PM	3	La Familia Gladiatori a, W14	Pennsic is our vacation so why not pamper ourselves? Come learn about history and beauty treatments used in period Turkey and spend some time lounging in the women's 'coffeehouse'. All self-identified women are welcome. Please bring a towel. Fee: \$3.00
Archaeology of the Middle East	Lord Michael of Safita	5:00 PM	1	AS 04	See description 8/3
Lilith: Evolution of a Jewish Myth	THL Culture: European	5:00 PM	1	AS 10	An examination of the history and origins of the story of Lilith and how it evolved over the centuries.
9/8 Choreography	Lady Nina Amaya of Bright Hills	7:00 PM	1	Middle Eastern	Learn a short choreography to Trakya, or Rumeli Karsilama. Come in a big skirt, familiar with the 9/8 rhythm, and learn steps taken from folkloric Romani dance, as well as the Danse Oriental. Handout Fee: \$5.00

Please remember that there are so many more classes happening at Pennsic! Many of them can be applied to your Middle Eastern persona – spinning, embroidery, sewing, scribal arts, glasswork, etc. Check out as many classes as you can!



Thursday, August 9th

Title	Instructors	Time	Hours	Location	Class Description
Yoga for dancers, fighters or anyone, really	Baroness Nadezda ze Zastriz	8:30 AM	1	Middle Eastern	See description 8/4
Islamic Prayer Beads	Countess Rowan Berran McDowell	9:00 AM	1	AS 07	See description 8/3
Fitness for Dancers	Lady Vika Vyborskaia	11:00 AM	1	Middle Eastern	See description 8/6
You have a sword. A veil. A cane. A tray. A thingamajig and a whatchamacallit.	Lady Pacita	12:00 PM	1	Middle Eastern	See description 8/3
Tribal Improv for Duets	Roma	1:00 PM	1	Middle Eastern	Learn techniques for dancing with a partner improvisationally using moves and cues from a tribal bellydance vocabulary. Recommend 'Fast Moves for Tribal Improv' or previous dance experience. Wear a skirt. Bring a partner or be paired in class. Adv Lv
Mommy & Me Belly Dance	Lady Vika Vyborskaia	2:00 PM	1	Middle Eastern	Come together to learn the basic movement of belly dance! Open to all ages, everyone is welcome into class. We will be learning figure 8's, hip circles, hip hits and sways, crescents and many more. This is a beginner's class so no experience needed!
Trade and Trade Routes: The Roman Empire	Mistress Arwen Evaine	2:00 PM	1	AS 02	See description 8/2
Intro to 16th Cent Turkish Embroidery	Comtesse,OL, OP Albra Katerine Marie Isabel Bautiste	3:00 PM	3	AS 06	Students will learn 3 or 4 basic stitches used in turkish embroidery while making an embellished cup cover. Teacher will provide a kit that will have the predrawn design on linen, with needles, beeswax, embroidery cotton as well as a selection of metallic threads, semiprecious stones and pearls for the weighted corners, as well as handout. There is a kit fee of \$10. Fee: \$10.00 Handout Fee: \$2.00
Islamic Folded Glass Beads	THL Beatrix Alfray	4:00 PM	2	AS 09	We will cover the background of this unique bead and then the techniques used to make them. This is a hands on class for the intermediate to advanced glass worker. Fee: \$5.00
Rhythm Changes	Mark DeFilippo	4:00 PM	1	Touch the Earth	Rhythm Changes This class will focus on changing from one common rhythm to another. Handouts will be supplied.

Friday, August 10th

Title	Instructors	Time	Hours	Location	Class Description
Yoga for dancers, fighters or anyone, really	Baroness Nadezda ze Zastriz	8:30 AM	1	Middle Eastern	See description 8/4
How to Do a Jewish Persona	Reb Eleazar ha-Levi	10:00 AM	1	AS 07	See description 8/2
Capoeira, Its Roots and Its Practice - Intermediate	Suleyman	10:00 AM	1	Battlefield	See description 8/8
Me and My Shadow	Baroness Ardenia ARuadh	12:00 PM	1	Middle Eastern	See description 8/3
Middle Eastern Dance for Teens, Tweens, and Twentysomethings	Baroness Ardenia ARuadh	1:00 PM	1	Middle Eastern	See description 8/3

A note to both the newcomers and Pennsic veterans alike, to those who are members of the SCA or who are just venturing into the Known World for the duration of War: Please remember to be considerate of the accepted practices and rules of the SCA while you enjoy yourself this Pennsic. Let those of us who enjoy the Middle and Near Eastern arts within the context of these events strive to educate others. Let us make choices that will continue to contribute to the magical atmosphere that really only exists here. This is how we will continue to grow, earn respect and share our joy for what we do with others.